

## OPTIMAL WELLNESS CENTER PRICE & PRODUCT LIST

---

### Doctor Visits

Dr. Keith Jordan . . . . .	\$180 New Patients* + \$60 Existing Patients ++
Dr. Michael Izquierdo . . . . .	\$110 New Patients* \$55 Existing Patients
Dr. Jennifer Martinc. . . . .	\$110 New Patients* \$55 Existing Patients

---

<b>Aroma Therapy Steam Pod</b> . . . . .	\$30, one session
<b>Far Infrared Sauna</b> . . . . .	\$30, one session
<b>FootBath Detox</b> . . . . .	\$30, one session
<b>Aroma Steam Pod, Sauna &amp; Footbath Packages</b> . . . . .	\$125, 5 sessions Sessions are interchangeable for your convenience \$240, 10 sessions \$325, one Complete Cycle (14 Footbaths)
<b>Flotation Tank</b> . . . . .	\$50, 60 minute session ft
<b>FlotationTank Packages</b> . . . . .	\$225, five 60 minute sessions \$400, ten 60 minute sessions
<b>Suggestive Hypnotherapy, Individual</b> . . . . .	\$80, 60 minute session
<b>Suggestive Hypnotherapy, Group</b> . . . . .	\$45, 60 minute session
<b>Regression Hypnotherapy, Individual</b> . . . . .	\$110, 90 minute session
<b>LaStone Bodywork</b> . . . . .	\$90, 90 minute session
<b>Massage Therapy</b> . . . . .	\$60, 60 minute massage
Cranial Sacral Therapy . . . . .	\$60, 60 minute massage
Myofascial Release. . . . .	\$60, 60 minute session
Pre-Natal Massage. . . . .	\$60, 60 minute massage
Thai Yoga Massage. . . . .	\$60, 60 minute session
Hot Rocks Massage . . . . .	\$90, 90 minute massage
Hot/Cold Stone Session . . . . .	\$90, 90 minute massage
Raindrop Massage. . . . .	\$75, 75 minute massage
<b>Polarity Therapy</b> . . . . .	\$60, 60 minute session
<b>Reiki Treatment</b> . . . . .	\$60, 60 minute session
<b>Yoga Classes</b> . . . . .	\$15, 90 minute class
<b>Yoga Class Packages</b> . . . . .	\$65, five 90 minute classes \$120, ten 90 minute classes
<b>Wake Up &amp; Unwind</b> . . . . .	\$10, 45 minute class

---

+ Billed as \$4 per minute over 45 minute \$180 visit    ++ Billed as \$4 per minute over 15 minute \$60 visit

\* Price does not include x-rays    \*\* Existing or new to the Center

---

## OPTIMAL WELLNESS CENTER PRICE & PRODUCT LIST

---

<b>Books</b> . . . . .	Sugar Control Diet \$35 (+ tax)
<b>CDs</b> . . . . .	Getting Out of Your Own Way Series™ Lesson One: I Don't Know Lesson Two: Feeding Your Soul Lesson Three: How are You Choosing to React to Your Reality 1 CD, \$14.95 (+ tax) 2 CDs, \$25 (+ tax) 3 CDs (full set), \$30 (+tax)
<b>DVDs</b> . . . . .	Sunday Gathering: We Are One Acceptance Wake Up & Unwind 1 DVD, \$9.95 (+ tax) 2 DVDs, \$14.95 (+ tax) 3 DVDs, \$20 (+tax)
<b>Nikken® Products</b> . . . . .	Please inquire at the Front Desk
<b>Nutritional Product Lines.</b> . . . . .	Standard Process, Earth Healers, Optimal Wellness, NET Remedies, Pure Balance Botanicals, Therapy & Healthcare

---

+ Billed as \$4 per minute over 45 minute \$180 visit    ++ Billed as \$4 per minute over 15 minute \$60 visit

\* Price does not include x-rays    \*\* Existing or new to the Center

---

© 2010 Optimal Wellness Center, 11860 Clifton Blvd., Lakewood, OH 44107 216.521.2225/216.521.2919:fax [owc@owcenter.com](mailto:owc@owcenter.com)