

OPTIMAL WELLNESS CENTER PRICE & PRODUCT LIST

Doctor Visits

Dr. Keith Jordan	\$180 New Patients* + \$60 Existing Patients ++
Dr. Michael Izquierdo	\$110 New Patients* \$55 Existing Patients
Dr. Jennifer Martinc	\$110 New Patients* \$55 Existing Patients

Aroma Therapy Steam Pod	\$30, one session
Far Infrared Sauna	\$30, one session
FootBath Detox	\$30, one session
Aroma Steam Pod, Sauna & Footbath Packages	\$125, 5 sessions Sessions are interchangeable for your convenience \$240, 10 sessions \$325, one Complete Cycle (14 Footbaths)
Flotation Tank	\$50, 60 minute session ft
FlotationTank Packages	\$225, five 60 minute sessions \$400, ten 60 minute sessions
Suggestive Hypnotherapy, Individual	\$80, 60 minute session
Suggestive Hypnotherapy, Group	\$45, 60 minute session
Regression Hypnotherapy, Individual	\$110, 90 minute session
LaStone Bodywork	\$90, 90 minute session
Massage Therapy	\$60, 60 minute massage
Cranial Sacral Therapy	\$60, 60 minute massage
Myofascial Release	\$60, 60 minute session
Pre-Natal Massage	\$60, 60 minute massage
Thai Yoga Massage	\$60, 60 minute session
Hot Rocks Massage	\$90, 90 minute massage
Hot/Cold Stone Session	\$90, 90 minute massage
Raindrop Massage	\$75, 75 minute massage
Polarity Therapy	\$60, 60 minute session
Raw Food Consultation	\$50, 60 minute session
Reiki Treatment	\$60, 60 minute session
T'ai Chi Class Packages	\$50, four 90 minute classes (\$12.50 each) \$132, twelve 90 minute classes (\$11 each)
Wake Up & Unwind	\$10, 45 minute class

+ Billed as \$4 per minute over 45 minute \$180 visit ++ Billed as \$4 per minute over 15 minute \$60 visit

* Price does not include x-rays ** Existing or new to the Center

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Books	Sugar Control Diet \$35 (+ tax)
CDs	Getting Out of Your Own Way Series™ Lesson One: I Don't Know Lesson Two: Feeding Your Soul Lesson Three: How are You Choosing to React to Your Reality 1 CD, \$14.95 (+ tax) 2 CDs, \$25 (+ tax) 3 CDs (full set), \$30 (+tax)
DVDs	Sunday Gathering: We Are One Acceptance Wake Up & Unwind 1 DVD, \$9.95 (+ tax) 2 DVDs, \$14.95 (+ tax) 3 DVDs, \$20 (+tax)
Nikken® Products	Please inquire at the Front Desk
Nutritional Product Lines.	Standard Process, Earth Healers, Optimal Wellness, NET Remedies, Pure Balance Botanicals, Therapy & Healthcare

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